

# Spring/Summer 2013 News

## 846 (and counting) New Applications for Assistance in FY2012-2013

New applications to receive assistance at the pantry continue to grow every year since we have been in operation.

While not every client requires assistance year round, the number of people listed on new applications outnumber those who either come in only once or require our assistance only occasionally.

It is always a challenge to keep our shelves stocked with food but with your kind support, we are proud to say that we have never had to turn anyone away for lack of food.

As the close of our fiscal year is nearing (June 30), and we prepare for our 24th year in operation, we look back in awe and in-

spiration when we think of our volunteers and donors, without whom we could not continue our mission.

We encourage you, our donors, to stop by our food pantry to witness in person how we put your contributions to work and to learn more about our services.

### Ways to Donate

- Write an annual check
- Direct funds to us through your payroll deduction plan at work
- Donate appreciated securities
- Include Bienvenidos Outreach in your



### estate plan

(photo above) Boxes ready to go out to clients. Over 350 boxes of food are pre-

## Bienvenidos Outreach, Inc. A Food Pantry

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### Special points of interest:

- 1 in 5 New Mexicans deal with food insecurity.
- 40,000 New Mexicans seek food assistance every week.
- The average SNAP (food stamps) budget will only last a family of four 2.3 weeks.
- For every \$1 received, we are able to issue \$5 worth of groceries.

### So Far in FY2012-2013, we have:

New Applications	846
Boxes Given Out	15211
Lunches Handed Out	15257
Visits to clothing room	6099
Volunteer hours donated	10936
Avg. # of seniors per quarter	469
Avg.# of children served per quarter	1202

## Welcome To Our Newly-Formatted Newsletter

We hope you will enjoy our first issue of the Bienvenidos Outreach newsletter.

Our new format will allow us to share with you pictures from Bienvenidos, information on social issues of concern to us,

events in which we participate and in upcoming issues, articles on our donors, volunteers and clients. **We want you to see how your donations of money, food and clothing are utilized by us and make**

**you truly feel that you are a part of something special.**

As we enhance this publication, please contact us to offer suggestions on what you would like to see in our newsletter.

(Contact info on Page 2)

## Buckaroo Ball Grant funds new Smart Breakfasts=Smart Kids Program

With the help of the Buckaroo Ball , we were able to start our **Smart Breakfasts=Smart Kids Program (Smart Kids, for short)** this past December.

Focusing on families with elementary school-aged children the program gives these families healthy breakfast foods and snacks and encourages children to learn more about good nutrition. Children are also encouraged to prepare their own breakfasts and snacks and to come up with healthy recipes which they can share with us and the other families involved in the program. Examples of recipes created by the students are “Blueberry Pancake Muffins” and “Turkey Quiche”. We hope that

further funding will be available to continue the Smart Kids Program and expand the scope to include teenaged students. For further info on this program, contact Susan Tarver at 986-0583.



Angelica J. (pictured above), helps to prepare her Smart Kids box. Children are encouraged to make suggestions of healthy foods they would like to see in their boxes.

### Breaking News:

A Matching Donation Challenge for \$5000.00 recently concluded with the challenge bringing in over \$12,000.00.

Contact us if you would like to start a matching donation challenge with your family, friends, co-workers, or social club and we'd be happy to assist you!

## Eldorado Farmers' Market Opens 2013 Season

The Eldorado Farmers' Market, which is owned and operated by Bienvenidos Outreach, is pleased to announce the opening of its 2013 season is Friday, June 7<sup>th</sup>.

Come and enjoy a nice late afternoon stroll through our market and enjoy the music, arts and crafts and of course, the great variety of fresh fruits and vegetables, dairy, meats, bakery goods, and other specialty foods we have available. Don't forget to stop by The Bien-

*Market Fact: By the end of the season, over 90 vendors will have participated in our market.*

venidos Outreach table to sign up for the market email sent out each week with a list of participating vendors and special events, drop off clothing, food or monetary donations for Bienvenidos, or

just to say “hi” to us!

The Market hours of operation are as follows: From June 7<sup>th</sup> – September 18<sup>th</sup>, 4pm-7pm and from Sept 25 – Oct 16, 4pm-6:30pm. Note: vendors may start selling at 3:00pm as long as their stands are completely setup.

The Eldorado Farmers' Market is located at La Tienda at Eldorado Shopping Center, 7 Caliente Road.

Stall fees and generous donations from vendors help support our food pantry!

See you at The Market!

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